



## Perks at Work

### Employee Assistance Program (EAP)

**We're excited to offer Perks at Work as a free EAP benefit for employees and their families. The site offers thousands of discounts on your favorite merchants.**

## Welcome to Perks at Work

As a member of Uprise Health you have access to exciting perks like exclusive member pricing and free virtual classes. Perks at Work is a resource designed to help you save time & money by offering savings and rewards on the purchases you already make-big and small-so you can do more of what matters to you. Find savings at your favorite brands and live and on-demand classes for kids and adults

## Employee Pricing

- Save time and money on everything you need to buy, from 30,000 merchants nationwide.
- You have access to better than public pricing on Employee Pricing Merchants, exclusively through Perks at Work.

## Community Online Academy

- Thousands of FREE online classes live and on-demand for kids and adults focused on Learning, Wellness and Fun.

## Relevant Perks

- Perks at Work uses smart insights to highlight offers relevant to you. You can see the most popular perks, those with the biggest discount and savings, and new brands added.

## How to Access Perks at Work

**Go to:** [worklife.uprisehealth.com](https://worklife.uprisehealth.com)

**Access code:** worklife

**Select the WorkLife Matters tile and go the Savings Center. Enter your work email and "EAP" for your company. Once you are logged in, you can create a username and password.**